Hoosier Pediatrics

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American Academy of Pediatrics
Indiana Chapter

Indiana Chapter—American Academy of Pediatrics—322 Canal Walk—Indianapolis, Indiana 46202—317-261-2060

PRESIDENT'S MESSAGE

Dear Colleagues:

Since our last newsletter, we attended our annual District V meeting where we had a chance to meet with the chapter leaders from Michigan, Ohio and Ontario. One of the top priorities for this meeting was to explore ways that chapters could **improve the value of membership to pediatric medical and surgical specialists**. Karen West a pediatric surgeon and INAAP member, also attended the meeting and participated in a discussion on the different challenges unique to specialists, such as workforce issues, loan repayment, implementation of health care reform, quality improvement in maintenance of certification, and quality issues. Watch for a survey, coming soon, to provide feedback on these issues. We are committed to improving our communication with Indiana pediatric specialists in order to remain relevant to their specific concerns.

The Affordable Care Act (ACA) is here, and as predicted, is rolling out at a break neck pace. For example, after Sept 23, 2010, all new insurance plans must provide all Bright Futures services (www.brightfutures.aap.org) to all enrollees with no cost sharing, young adults can remain on their parent's health plan until age 26 and children with insurance can no longer be denied coverage for preexisting conditions. State implementation of the ACA is our next opportunity to get involved. Funding will be made available to states for issues we care about, such as medical home implementation, prevention and public health funding, and graduate medical education. With our new lobbyist on board, Charles "Charlie" Hiltunen, your INAAP chapter is well poised to be a "ready resource" for any issue related to improving the health of Indiana's children. **Thank you to all who attended our Legislative Night on 9/22/2010.**

Save the date for an exciting advocacy training event in Indianapolis on **Feb 2, 2011**. Participants will receive a brief training on Advocacy 101 and background information on obesity and concussion prevention, followed by a trip across the street to the capitol to meet with legislators to lobby in these areas. That evening, Dr. Sandra Hassink, an obesity expert working on the national "Let's Move Campaign", will be our keynote speaker. For more information, contact Carolyn Downing at cdowning@ismanet.org or check our website www.inaap.org

If you're ready to get involved with INAAP, there are opportunities for everyone's time budget from participating in a conference call from home, assisting with overseeing website or facebook content at your leisure, submitting a grant, participating in or leading a task force or mentoring/sponsoring a medical student. There is something for everyone, just send us an email! Contact Carolyn Downing at cdowning@ismanet.org or www.inaap.org

Your Co-Presidents,
Dawn Haut (dhaut@iupui.edu) and Sarah Stelzner (sstelzne@iupui.edu)

APPOINTMENTS, AWARDS AND NEWS

Opportunities to get involved:

- Share your experience as you are going through the MOC process, especially part IV
- Participate or lead a new MOC/Quality task force
- Offer to mentor medical students who belong to our chapter
- Communicate with medical and surgical pediatric specialists in Indiana to form a work group
- Join the reimbursement task force
- Help plan and/or attend the advocacy conference on Feb 2, 2011
- Welcome and help recruit new members
- Work with our chapter communications director on website or facebook content
- Interested in Early Hearing Detection? Inquire about becoming our INAAP chapter champion!
- Interested in oral health? INAAP needs a member to represent IN in a conference later this year

Congratulations, Dr. Escobar!

Luis Fernando Escobar, MD, Medical Director of the Medical Genetics & Newborn Follow up Clinic and Staff neonatologist at St. Vincent Children's Hospital has been selected to serve as a consultant on the **Molecular and Clinical Genetics Panel of the Medical Devices Advisory Committee, Center for Devices and Radiological Health, Food and Drug Administration**. Dr. Escobar is also an adjunct professor of Medical and Molecular Genetics at Indiana University, where he received his training in Neonatology – Genetics and Pediatrics.

The Committee **Molecular and Clinical Genetics Committee of the Medical Devices Advisory Committee, Center for Devices and Radiological Health** consists of 18 panels. Panel members are asked to provide their expert scientific and technical advice to the Center to help make sound decisions on the classification/reclassification as well as the safety, effectiveness, and appropriate use of medical products. The panel on clinical genetics involves consultants in human genetics and clinical management of patients with genetic disorders, e.g., pediatricians, obstetricians, and neonatalogists: biochemical and/or molecular genetics, molecular diagnostics, inborn errors of metabolism, population genetics, epidemiology, genetic counseling, and medical ethics.

Summertime

"Summertime and the livin is easy…" wouldn't it be wonderful to sing along with Gershwin and believe those words? I do hope that some of your summer was easy but I am confident most were working as always caring for patients, managing offices and pursuing the advocacy issues that are our mission in life.
The issues currently in front of the AAP are ever more challenging and your state chapter leadership will be increasingly involved in ensuring that the best of the Affordable Care Act (ACA) is implemented to benefit our patients and practices. Under development are the regulations for Meaningful Use of Health Information Technology under the guidance of the AAP leadership and Dr. Chris Lehmann who accepted the challenge of directorship of the Child Health Information Center funded by the AAP. Watch for an announcement soon with regard to new guidelines and payment to practitioners that will begin in May 2011.

Hopefully you have seen the most recent blog "Helping Pediatricians Breathe" by AAP President Judith Palfrey that comprehensively outlines the AAP involvement and concerns regarding immunization reimbursement. Several successes have been realized and challenges remain but the AAP is at the forefront of the battle. Without ensuring the support of the immunizations in primary care, the days of bacterial meningitis and death from pertussis that many remember and others can only imagine, will return. Do read Dr. Palfrey's blog on the AAP web site for a full perspective.

Although the news about the disaster in Haiti has mostly left the airwaves and even print, we know that suffering is far from over. The AAP response has been ongoing and pediatrician representatives have made several trips to assess how best our resources can be used. The Friends of Children response was most heartwarming and one of the major uses of our targeted funds has been to support the Haitian medical students and residents to help ensure a continuing source of health care for the children that survive and need ongoing health care more than ever.
The issues of health care finance reform often may feel like a tidal wave but we all realize it is important to remain in the boat and stay the course.
Truly I am confident that "One of these mornings you're goin' to rise up singing."
Thank you for all you do for children and our world.
Marilyn J. Bull, MD FAAP
Chairperson, District

NEWS

Oral Health Talk to Pediatricians

Dr. Joan Kowalik, Director of Predoctoral Pediatric Dentistry at IU School of Dentistry and Dr. Carol McKnown, Pediatric Dentistry Liaison to INAAP, made their first trip to a pediatrics office to deliver oral health information. They traveled to New Albany, IN to the office of Dr. Nassim and Dr. Mesha and Dr. McGonigle. It was very successful and very well received. The great news is that the local pediatric dentists came so there was good interaction between the dentists and physicians. A lot of good information was shared regarding dental caries as an infectious disease spread from mother to baby--new information to the some of the pediatricians.

A short version of the Caries Risk Assessment Tool was presented as well as a short questionnaire for parents about their own brushing habits as well as their children's habits. Simple information such as how much toothpaste should be placed on a toothbrush was reviewed with them. And pediatricians requested posters which could be placed in all their patient rooms. The team explained the use of fluoride varnish for high risk patients as well as the practical application of fluoride. Then the pediatricians applied it to each other's teeth! The hands on, on site workshop took about 2 hours. The team explained to them what an important role they played as the disseminator of oral information in that first year of life. For example, if a mother comes in with a mouth full of cavities then baby will probably have dental caries too as she will transmit her bacterial strains of Strep mutans to baby through saliva.

There were lots of good questions and good discussion such as how to position a 2 year old for appropriate brushing and not using gummy vitamins that stick to the chewing surfaces of young children's teeth. About 4 nurse practioners from the office attended also as well as their new pediatrician and one nurse. This meeting will serve as a catalyst to the pediatricians and pediatric dentists to keep in touch with each other to help disseminate oral information. Drs. McKnown and Kowalik are ready to take this talk all over the state of Indiana and will be visiting Dr. Holly Robinson in Madison, IN in November.

Challenges to Chapters in Affordable Care Act

Among the many challenges and opportunities facing pediatricians in the Fall of 2010, none is greater than that of facilitating implementation of the benefits of health care reform for children inherent in health care reform (ACA) passed by congress last March. Access to excellent care is a major issue for children in Indiana and if we can take advantage of the potential benefits in ACA, access will be improved and pediatricians will be paid more appropriately for their services. Your chapter leadership is actively involved with state government, children's coalitions, and members of the legislature to advance the cause of children and pediatricians in this effort. The national American Academy of Pediatrics is contributing expertise as well and frequent communication occurs between your national and state leaders.

Your district is continuing to focus on collaborative efforts to enhance the role of subspecialists and young physicians. Your input and participation in these endeavors will provide depth to the potential benefits and ensure that your needs are met. I urge you to again share with your co-presidents Sarah Stelzner and Dawn Haut and myself any suggestions or ideas you have in this regard.

Many of you will be attending the National Conference and Exhibition in San Francisco and I hope that you will plan to attend the District V Breakfast on Sunday morning October 3 to meet briefly with your colleagues and leadership. I am looking forward to seeing many familiar and new faces.

Best wishes for a wonderful Fall!

Marilyn Bull MD, FAAP
District Chairperson

NEWS

Back-to-School Immunizations are Easier with CHIRP

The Children and Hoosiers Immunization Registry Program (CHIRP) is a free, web-based program available to all immunizing healthcare providers in the state of Indiana . It can be used in two ways: (1) Individual medical staff in your office can log on to the website to view and update immunization records and/or (2) CHIRP can communicate directly with your electronic medical records program to share information on patient immunizations.

Use of CHIRP can save your practice time and money during the back-to-school season by:

- Enabling schools (as well as daycares and other health care providers) to access immunization records without parents needing to request paper copies from your office
- Enabling your office to see if your patients are already up-to-date on school required vaccines from visits to other providers/local health departments.
- Enabling your office to quickly identify any needed immunizations at every office visit for every patient, allowing you to get patients up-to-date at other medical office visits before the back-to-school rush.
- Enabling your office to plan ahead by easily creating lists of patients who will need back-to-school immunizations and sending out reminders to their parents to schedule immunization visits ahead of the back-to-school rush.

CHIRP has continually evolved and improved over the decade since it was first introduced to Indiana. If your office hasn't considered participating in CHIRP lately, take a look at what it has to offer. If your practice is in the process of purchasing or upgrading an EMR program, ask your EMR vendor how your system can interface with CHIRP. In addition to making back-to-school season less hectic, CHIRP can benefit you and your patients year round by:

- Reducing missed opportunities to vaccinate by letting your staff know exactly what immunizations are due at each visit
- Reducing over-vaccination by letting you know if your patient has received immunizations at another facility
- Giving you powerful tools to improve immunization rates such as Reminder/Recall and Quality Improvement reports
- Enabling fast response if faced with a vaccine safety recall by quickly retrieving patient lists by vaccine lot number
- Reducing vaccine waste with easy-to-use vaccine inventory management tools
- Giving patients the peace-of-mind that their immunization records will always be available should they need them for

Young Physicians Report:

Emily Webber and Beth Summers have been reaching out to the Young Physicians ("YPs" include those under 40 and/or in their first 5 years of practice) as well as more "Vintage Docs" in Indiana.

In May, the chapter made it's Facebook debut! There has been a great response to the chapter page (go to www.facebook.com, and search "American Academy of Pediatrics, Indiana Chapter). The group page has served the chapter by posting such updates as links to the "Tdap Vac" public service video produced by the chapter's grant, as well as national AAP announcements. Stay tuned: updates on our chapter's advocacy day this winter, including some Hoosier pediatricians who have had remarkable success in their project combating obesity.

But you don't have to facebook, twitter or blog to get involved! Dr. Webber delivered noon conferences for pediatric residents at the IU School of Medicine this spring to encourage young members to get the most out of their membership and use the AAP resources for lifelong learning. The YP chapter has also been discussing collaborating with other Midwestern states to establish a YP presence on national committees and AAP groups. There are lots of great ways to build your career and get involved - just contact Dr. Webber (emwebber@iupui.edu) or Dr. Summers (BASumme@Hendricks.org) to learn more.

NEWS

Babies were born to breastfeed!

Breastfeeding is an important public health issue. The Agency for Healthcare Research Quality documents the following: decreased rates of gastroenteritis, asthma, obesity, diabetes, SIDS, otitis media and atopic dermatitis in breastfed children. Benefits to the mother include: ideal child spacing, decreased incidence of breast cancer, ovarian cancer, type II diabetes, hypertension, hyperlipidemia and cardiovascular disease. A recent study published in PEDIATRICS by M. Bartick, et al. showed that the US incurs $ 13 billion/ year in excess costs and 911 preventable deaths annually because breastfeeding rates fall far below medical recommendations.

August 1-7 was World Breastfeeding Week. This year's motto is "Breastfeeding Just 10 Steps, The Baby-Friendly Way", referring to the WHO Baby Friendly Hospital Initiative "Ten Steps to Successful Breastfeeding". The First Lady, Michelle Obama launched her "Let's Move" Campaign: America's Move to Raise a Healthier Generation of Kids. (www.letsmove.gov http://www.letsmove.gov/). Recognizing that breastfeeding is the first step in that process she included the following recommendations: encourage the baby friendly hospital steps, provide information to pregnant and postpartum women, support breastfeeding in the childcare settings and the peer counselor program.

Dr.Kinga A Szuc & The Surgeon General

At a recent Annual Breastfeeding Summit in Washington, DC the US Surgeon General stated her commitment to the importance of this public health topic. She will launch her Call to Action this Fall. Section 4207 of the Affordable Care Act was enacted earlier this year and contains important federal support for lactation in the workplace. It states: Employers shall provide "reasonable break time" and a private, non-bathroom place to express breast milk during the workday. Indiana is proud to have SEA 219 Lactation Support in the Workplace state law, as well. The Lactation Stations at the State Fair were so popular last year that there are now 3 this year. These provide a shaded area for women to sit down, have a cool drink and breastfeed their babies! There is a new breastfeeding residency curriculum published in this month's issue of PEDIATRICS that is being implemented all across the country.

Why should you join PROS?

You should join because I am a member of the PROS network! PROS is a research network sponsored by the Academy with the mission statement focused on enhancing pediatric practice and improving child health. The PROS network was formed almost 25 years ago. PROS practitioners just like you and me have completed 24 national studies that have resulted in over 65 published articles and 116 published abstracts. PROS studies have been citied in more than 1,000 publications. PROS is marching on with a new effort to study electronic health records. The initial mission remains to enhance processes in this evolving tool to improve pediatric practice and child health care. PROS and the contributions of PROS members have created new knowledge, changed public policy, and made me a better practitioner.

Well, that sounds nice, but I am just too busy to add one more thing to my day.

I know you are busy. You will not have to add something every day. You will not be participating in a study all of the time. Some studies can be completed in a week or two. Some may take a few months. When a study is set up by the network, you will get a notice about it. You will have an opportunity to review the study design and decide if you are interested. Next, you can look further to see if it fits your practice. If you have more questions, you can contact PROS and get more information. As one of the Chapter Coordinators, I can assure you each study is vetted so you can participate with minimal impact on your patients or practice.

What will my patients think if I am doing research?

My experience had been totally positive. In fact, I would say it is an asset. I commonly supplement a discussion with a parent or colleague by adding that I am a member of a national pediatric research network called PROS that has done a study on this topic. If I personally participated in the study, I add that information as well. To use a political term, it adds "gravitas" to my comments. Hopefully my enthusiasm for PROS has added to your interest. I would be happy to discuss this further with you on a personal basis. Let me also suggest that you learn more about PROS by reading a recently published article in the June Pediatric Annals titled "PROS: A Research Network to Enhance Practice and Improve Child Health." If the journal isn't handy, you can go to www.PediatricSuperSite.com and just type PROS in the Google search window.

J. W. Hendricks, MD FAAP DocJWH@aol.com 918-284-566c (C)

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What can the Medical Home Learning Collaborative Do for You and Your Practice?"

August 2010

As we quickly move past the first decade of the twenty-first century, health care reform and the need to transform primary care practice has never been more urgent. The health care reform bill contains Medical Home as the model of primary care needed to improve patient care and stop spiraling costs.

The Institute of Medicine and others have stated that system change is needed to make this transformation. System change within a practice is best done through quality improvement processes. Experiences by members of the AAP have demonstrated that "learning collaboratives" help start and maintain this process.

The Medical Home Learning Collaborative (MHLC) is a joint project between IUSM and an IN Community Integrated Systems of Services Grant (CISS) grant from the IN State Department of Health. The MHLC has been working to improve Medical Home concepts in primary care practices since the Fall of 2009. The current practices in the Collaborative are:

· Blackburn Health Center - Dr. John Kunzer, Dr. Seth Rinderknecht

· Meridian Pediatrics - Dr. Mary McAteer, Dr. James Cumming

· Pecar Health Center - Dr. Dawn Haut

· Ridge Medical Center - Dr Frederick Ridge

· St. Vincent Faculty Practice - Dr. Elizabeth Roth

· St. Vincent Family Medicine Residency Clinic - Dr. Heidi Harris

· St. Vincent Pediatric Primary Care Clinic - Dr. Niceta Bradburn, Dr. Shelia Stewart, Dr. Shivika Jain

· Shipshewana Family Medicine - Dr. Tony Pechin

· Wishard Primary Care Pediatrics - Dr. Sarah Stelzner

Conference calls, site visits, group meetings and other correspondence allow the MHLC to share ideas for quality improvement with other practices in the collaborative. Successes at the practices include:

· Improved patient access through brochures, same day scheduling, modified telephone systems and email communication

· Better team communication through huddles and QI meetings

· Parent and family involvement on quality improvement issues

· Creation of registry for complex patients

· Use of a care coordinator

Join your colleagues. We are adding new practices to the MHLC, sponsored by the federal Maternal Child Health Bureau and Indiana State Department of Health. We will be recruiting six more practices throughout the state. If you would like more information, please contact us and Save-the-Date of October 16, 2010 for our Learning Collaborative Fall Meeting where we will focus on Medical Home and quality improvement methods.

Legislative Night September 22, 2010

THANK YOU TO OUR PANELISTS for their time and expertise:

Dan Walter, AAP Div. of State Government Affairs
Kelly Carreon, family representative
Seema Verma, Consultant and Policy Advisor, FSSA
Robyn Crosson, Chief Deputy Commissioner, IN State Dept. of Ins.

Representative Peggy Welch District 60, Democrat
And Thank You to our members who took time to attend in person or by phone. Above you will find some pictures of the event. If you would like to get more information on the Patient Protection and Accountable Care Act please visit our website at: WWW.INAAP.ORG

We would like to introduce two new officers to the INAAP: Dr. Tetrick, Dr. Lytle and Dr. Bosslet

Sarah Bosslet is a full-time pediatrician at Witham Pediatrics in Lebanon, Indiana. She grew up outside of Frankfort, Indiana. She received a BS from the University of Notre Dame and her MD from The Ohio State University. She completed residency at Nationwide Childrens Hospital in Columbus, Ohio, and she stayed on as Chief Resident for an additional year. She is currently working on a CATCH implementation grant that incorporates smoking cessation counseling into EMR and routine office visits. Her husband is a pulmonologist at Indiana University. They have twin 4 year-old boys and a 1 year-old daughter. In her free time she enjoys running, reading, and volunteering for the United Way in Boone County.

Dr. Louise Tetrick was born in Indianapolis and attended North Central High School. She initially attended the University of Colorado, but transferred to Indiana University where she received her BA degree. She then attended Indiana University School of Medicine and received her MD degree. Her internship and Pediatric residency were at Methodist Hospital, Indianapolis. She has special interests in research – bringing new vaccinations and drugs to market in hopes of continuing to improve the healthcare of children. In her spare time she enjoys gardening and traveling. She have two daughters

We look forward to introducing more of our officers in our next newsletter.

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