



AAP Trauma-Informed Pediatric Care and Resilience Promotion ECHO Frequently Asked Questions (FAQ)

What are the goals/aims of the program?

- Improve knowledge on the long-term physiological and behavioral effects of trauma, and how trauma symptoms present differently based on a child's developmental level.
- Describe how engagement, surveillance, and screening can help identify possible trauma and understand the impact of trauma on families and youth and how to engage effective strategies to help children and promote resilience.
- Identify evidence-based treatments for childhood trauma, which medications and protocols have the strongest evidence to support their use in treating children for trauma.

What is ECHO?

- Project ECHO is a telementoring program designed to create communities of learners by bringing together health care providers and experts in topical areas using didactic and case-based presentations, fostering an “all learn, all teach” approach.
- ECHO participants engage in a virtual community with their peers where they share support, guidance, and feedback. As a result, the collective understanding of how to disseminate and implement best practices across diverse disciplines continuously improves and expands.
- To learn more about ECHO please visit: <https://www.aap.org/projectecho>.

Who is eligible to register for this ECHO?

- Pediatric primary care providers and other pediatric physicians who are interested in trauma-informed care.

What are the benefits of participating?

- Increase knowledge of the effects of trauma on a child's development.
- Learn about effective strategies for helping families and children who have experienced trauma.
- Earn Continuing Medical Education (CME) and Maintenance of Certification Part 2 (MOC 2)!

Where to register?

- The link to register can be found here: <https://www.surveymonkey.com/r/traumaresilience1>

What are the requirements to participate?

- Cost - There are no costs associated with participating in this ECHO series. This is a free training and technical assistance opportunity for participating organizations.
- Attendance - We encourage participants to attend as many of the sessions as possible, to help create a consistent community of learners. To claim MOC 2 credits, participants must attend all 6 sessions.
- Session Engagement - Participants are asked to actively engage and participate in each session.
- Case Presentation - All participants are encouraged to submit a case to present describing their experiences, challenges, and opportunities related to trauma-informed care.
- Evaluations - Participants will be asked to complete a pre and post test in addition to a brief evaluation survey after each ECHO session to help identify opportunities for improvements.



What is the frequency of the ECHO sessions and when do they occur?

- The ECHO sessions will occur weekly from 1:00 – 2:00pm CT/ 2:00 – 3:00pm ET.
 - Cohort 1:
 - Session 1: November 3, 2023
 - Session 2: November 10, 2023
 - Session 3: November 17, 2023
 - Session 4: December 1, 2023
 - Session 5: December 8, 2023
 - Session 6: December 15, 2023
 - Cohort 2:
 - Session 1: January 19, 2024
 - Session 2: January 26, 2024
 - Session 3: February 2, 2024
 - Session 4: February 9, 2024
 - Session 5: February 16, 2024
 - Session 6: February 23, 2024

If you have further questions about this program or other ECHO programs at the AAP, please contact Robinn Yu at ryu@aap.org.

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