INAAP's Monthly Newsletter - Delivered Directly to your Inbox



INAAP Monthly News & Updates May 2019

Letter from the President

What a spring it's been! Just like the rain, our members' efforts have been everywhere and pretty much non-stop.

We've certainly been busy - highlighted by INAAP members' influence and presence at the statehouse and again last week at the 2019I Riley Children's Health Pediatric Conference. You've heard the phrase, "hard work is its own reward." Sure. But let's be honest, an actual reward is nice too!

With this is mind, two things:

1) Come join us on June 28th to celebrate our chapter's accomplishments and all the hard work our members put into bettering child health in Indiana. We'll be hosting a party at Punch Bowl Social in Indianapolis, and all INAAP members are invited. The



event is free, but register using the link in this newsletter. We also encourage you to bring any colleagues you think would be a good fit for INAAP.

2) Don't forget to reward each other! Nominations for INAAP's 4 annual awards are now open, and we want to hear about all the great work being done around the state. Know someone that deserves recognition? Now is your chance. Find all the information on how to nominate someone below.

Register Today INAAP Inaugural Pediatric CME Conference Grand Wayne Convention Center Fort Wayne, Indiana - August 23-24, 2019



INAAP is excited to host it's inaugural pediatric CME conference at the Grand Wayne Convention Center in Fort Wayne, Indiana this summer on August 23-24, 2019. INAAP's Conference Committee has put together an amazing list of speakers and topics for the conference. From food allergies to hands-on LARC training, there is something for everyone. The conference has been approved for 8.5 hours of CME, as well as 8.5 points of MOC Part II.

The keynote speaker for the conference will be Mark Del Monte, JD (pictured left), who serves as the Interim CEO of the American Academy of Pediatrics. Mark will be discussing the many efforts going on at AAP, and how they affect pediatricians and children in Indiana.

You can find the full schedule, list of speakers, and registration information at the conference website, which is linked below. We are excited about this wonderful event, and we hope to see you in August!

INAAP Conference Website / Registration

Member Appreciation and Recruitment Event Punchbowl Social in Downtown Indianapolis June 28, 2019 from 6:00 pm to 10:00 pm



INAAP would not be able to do all of the critical child health work it does in Indiana without the amazing help and support of its members.

As a thank you, INAAP will be hosting a **member appreciation event** on Friday, June 28th at Punch Bowl Social in Indianapolis. The event will be a perfect opportunity to have a fun night out and better get to know your fellow INAAP members. The event will include: dinner buffet and drinks, private bowling lanes, a reserved karaoke room, a giant Scrabble wall, cornhole, bocce ball, and billiards.

The event is completely free to members, though an RSVP is required (link below). All are welcome to attend!

Do you have a friend or colleague who is not currently an INAAP member but would like to know more? We'd love to see them at the event and introduce them to our amazing community. Let us know when you RSVP if you'll be bringing someone to learn more about INAAP.

Member Appreciation Event



MOC Opportunity - Improve Developmental Screening in Your Practice!

CHIP IN For Quality is now recruiting for their 8th annual learning collaborative to improve developmental screening in primary care settings.

Participate in a practice-based quality improvement project for MOC IV credit by measuring your current state of developmental screening, making changes to improve your practice, and measuring your success.

You can register and find out more information about the program by using the link below.

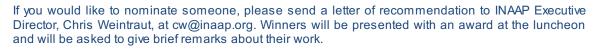
Registration and Information

Nominations for INAAP's Annual Awards are Now Open SUBMISSION DEADLINE: Monday, July 1st, 2019

On August 24, 2019 as part of the first inaugural pediatric conference, INAAP will hold its awards luncheon at the Grand Wayne Convention Center in Fort Wayne, Indiana. INAAP will present its annual awards at the lunch, and the winner of each award will have the opportunity to address those in attendance. We encourage all members to nominate any friends or colleagues who would be worthy of these awards.

The annual awards include:

- 1. The Edwin L. Gresham Award for Advancing the Care of Newborn Infants
- 2. The Irving Rosenbaum Award for Distinguished Service
- 3. The Community Service Award
- 4. The Virginia M. Wagner Lifetime Achievement Award



More information about each award is available through the link below.

SUBMISSION DEADLINE: Monday, July 1st, 2019

Award Information



Tobacco Cessation Update from Program Coordinator Lisa Wegner

Join the Conversation: Side Effects Public Media Conversation on E-Cigarettes

Cigarette smoking has declined among middle and high school students, however e-cigarette sales are rising, with young people using them at epidemic rates. Public Health officials are concerned about the impact and the exposure to addictive nicotine. <u>Side Effects</u> <u>Public Media</u>, a health news initiative led by WFYI, is following this

topic and wants to hear from residents around the state. We invite you to share your thoughts on the matter by sending an email to <u>health@wfyi.org</u>. Side Effects will share those emails during a livestreamed panel conversation on <u>June 4</u>.

Thirdhand Smoke Resource Center

The researchers of the Thirdhand Smoke Consortium in California have opened a center dedicated to educating the public about thirdhand smoke. The website is a great resource for anyone who is looking for more information about the thirdhand smoke: how to prevent exposure and the health effects from it.

This month, researchers at San Diego State University and the University of Southern California opened the first resource center in the U.S. dedicated to educating the public about the lasting impact of tobacco smoke pollutants that remain in homes, cars, businesses, and hotels long after cigarettes have been put out. This lingering tobacco residue is more than just a stain and a bad smell. Thirdhand smoke contains a mixture of toxic chemicals, including several known to cause cancer and asthma. The Thirdhand Smoke Resource Center will offer educational materials, workshops, and webinars for health professionals, health advocates, policy makers, apartment and hotel managers, car dealers, other businesses, and the general public. The Center is located at San Diego State University, but all resources are available on the Center website at <u>www.thirdhandsmoke.org</u>.

The Center can be reached via e-mail at <u>contact@thirdhandsmoke.org</u> or telephone 619-594-3018. You can follow them on Facebook @ThirdhandSmokeResourceCenter, Instagram @thsresources, or Twitter @thsresources.



Responses from Survey of Indiana Pediatricians as

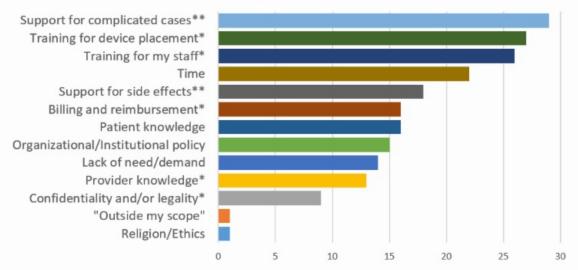
Providers of Contraception



INAAP members were sent a survey this past November to assess their experience prescribing contraception. Regions represented ranged from Evansville to Fort Wayne. Approximately a third were hospital-based, a third small group practice, and a third large group practice. Of the about 50 outpatient prescribers, 71% report prescribing any type of contraception, while 41% of inpatient prescribers reported doing so; the majority of all prescribers used short-acting methods such as the pill. Providers that reported not providing any contraceptives also did not report referring to another provider if a patient requested contraception. A large

majority of outpatient providers and about half of inpatient providers report referring out for Long-Acting Reversible Contraception (LARC, ex: contraceptive arm implant (Nexplanon[©]) or IUD). Half of all respondents are interested in contraceptive counseling training and a third of respondents are interested in contraceptive implant training. When asked about barriers to provision of the contraceptive arm implant, most reported knowledge and training, as seen below.

Barriers to placement of contraceptive arm implant (Nexplanon) among prescribers of contraception



*= Potentially modifiable by training

**=Potentially modifiable by specialty access

The results of this survey indicate that there is interest and a need for additional education regarding contraception, including contraceptive arm implant training. Both a session on contraception methods and counseling and a Nexplanon training will be offered at the INAAP conference in August (registration here). If you're interested in learning more about contraception and would like to let us know how, please share your opinions in this survey. Your interest and participation is appreciated!

Reach Out and Read Indiana Updates from Program Coordinator Madison Criswell

It was wonderful to meet many of you at the Riley Conference this past month! It was exciting to see so much passion and enthusiasm about Reach Out and Read Indiana. I was able to talk to many of you about getting your site started with ROR or reactivating the program successfully after a hiatus.

Below you will find the handouts and resources that were available at the conference. INAAP will continue to update and provide as much information and support as possible.

Whether you are interested in becoming a Reach Out and Read clinic or

you would like to take advantage of our new resources, you will be able to find all the information on the new INAAP website. The available resources include how to apply to become a ROR Indiana site, ROR training videos on Youtube, fundraising resources, roles and responsibilities for site leaders, developmental disabilities guides, and general ROR program information.

Below are links to the available resources on our website. I would encourage you to reach out to me



directly if you are thinking about implementing Reach Out and Read or if you have any specific questions at mc@inaap.org.

<u>https://www.inaap.org/reach-out-and-read</u> <u>http://www.reachoutandread.org/resource-center/medical-providers/start-a-program/</u> <u>https://www.inaap.org/file-share</u>



Training on Anxiety Depression, and Trauma

Children often present with behavioral health concerns in the day-to-day pediatrics—How comfortable are you helping families with assessment, diagnosis, behavioral, school, and medication interventions?

The Indiana University School of Medicine Department of Pediatrics Neurodevelopment Behavior System of Care is pleased to be offering their 2nd training for primary care pediatric skills around anxiety, depression and trauma. This is an opportunity free CME, free MOC, and free hands on training on these topics through workshops, clinical experiences, and case discussion for interested pediatric physicians. Full information about the program can be found using the link below.

Information and Registration

Support INAAP Through Amazon Smile

amazon smile Did you know that you can help support INAAP with every purchase you make from Amazon? The Amazon Smile program gives a percentage of every purchase back to participating nonprofit organizations, and those donation can really add up during the holiday season. It's just like using Amazon, but with an added philanthropic benefit. Make sure the purchases you would make anyways this holiday season help support INAAP by using the link below!

Amazon Smile - INAAP

