



## INAAP Monthly News & Updates August 2019

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### Letter from the President

It was such a joy and pleasure to see so many of you in Fort Wayne for the Inaugural INAAP Pediatric CME Conference this past weekend!

We had over 100 attendees who had the opportunity to hear from national speakers and statewide experts. Thank you to everyone who helped make the conference a success, and I am already looking forward to the 2020 conference. If there's anything you'd like to see discussed at a future conference, be sure to reach out to us with your ideas!

I also want to give special thanks to this year's INAAP award winners who were honored as part of the conference. The work you do is inspiring, and I appreciate everything you do for Indiana's Children.



**Edwin Gresham Award for the Care of Newborn Infants:** Nancy Swigonski, MD, MBA, MPH, FAAP

**Irving Rosenbaum Award for Distinguished Service:** Katie Swec, MD, FAAP

**INAAP Community Service Award:** Katheryn Hannaford Schloss

**INAAP Community Service Award:** Tina Sheehan, Au.D.





(above) Tina Sheehan, Au.D. is presented the INAAP Community Service award by INAAP Board Member Camille Smith, MD, FAAP.



(right) Katie Swec, MD, FAAP receives the Irving Rosenbaum Award for Distinguished Service from INAAP Vice President Emily Scott, MD, FAAP.



## Severe Respiratory Illness Potentially Linked to Vaping

As of Friday August 23, the US Centers for Disease Control and Prevention [said](#) it was aware of 193 potential cases of severe lung disease in 22 states, including Indiana, that could be caused by vaping. These numbers are an increase from the 153 potential cases in 16 states that the agency reported Wednesday, August 21st.

Illinois health officials [announced on Friday](#) the death of an adult who had vaped and later developed a severe respiratory illness. This is the first such death to be reported amid the growing number of lung illnesses across the country.

Investigators have not identified any specific product or compound that is linked to all cases. However, in many cases patients reported a gradual start of symptoms including breathing difficulty, shortness of breath, and/or chest pain before hospitalization. Some cases reported mild to moderate gastrointestinal illness including vomiting, diarrhea, and fatigue as well.

What can clinicians do? The CDC [recommends](#) that clinicians report cases of significant respiratory illness of unclear etiology and a history of vaping to the appropriate state and/or local health department.

You can read the news bulletin from the Indiana State Department of Health [here](#).

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## Now Recruiting for 2nd CEASE Cohort

Help Create Smoke Free Homes for Your Patients  
and get MOC Credits at the Same Time!



INAAP is currently recruiting practices for the second cohort



of CEASE! If your practice is interested in implementing CEASE or would like more information on the program please reach out to Lisa Wegner at [lw@inaap.org](mailto:lw@inaap.org).

CEASE supports existing child healthcare systems to routinely assess and treat parental tobacco use at every clinical encounter. Child health care clinicians are in a unique position to address tobacco use and exposure because of the regular contact they have with families and the harmful health consequences that tobacco smoke exposure has on their patients. After ongoing research in adult and child healthcare settings, CEASE was developed to help child health care clinicians adapt their office settings to address family tobacco use in a routine, effective manner. CEASE was developed after extensive research in the adult and child health care settings and is based on the current best practices for the adult setting.

[You can learn more about the effectiveness of CEASE here](#)

## **Why Sign Up For CEASE?**

INAAP will provide all the equipment (iPads, handouts, etc.), training, support, and reports you need to make the program successful at your practice. Further, Lisa Wegner, MPH serves as the statewide coordinator for the program. If you run into a snag or need questions answered, Lisa is ready and willing to help.

Additionally, the program will help you and your practice:

- Eliminate the #1 cause of preventable morbidity and mortality for your patients
- Eliminate tobacco smoke exposure of all household members
- Decrease economic impact of smoking on families
- Decrease teen smoking rates
- Eliminate smoking in future pregnancies
- Help reduce high infant mortality rates

**The program is FREE to you, and qualifies for 25 points of MOC**

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### **Updated Guidance on HEA 1007 from Indiana State Department of Health**

The Indiana State Department of Health and the Indiana Department of Child Services have issued a guidance document related to HEA 1007. You can read the first page of the document below, and you can download the entire document [here](#).



#### House Enrolled Act 1007

During the 2019 legislative session, the Indiana General Assembly passed House Enrolled Act (HEA) 1007<sup>1</sup> with the goal of addressing infant mortality and perinatal substance use in Indiana. One aspect of the legislation requires health care providers, who provide maternity services, to use a validated and evidence-based verbal screening tool to assess all pregnant patients for substance use disorder as early as possible in prenatal care and throughout the pregnancy. When substance use disorder is identified, the provider is required to either provide treatment or refer the patient to treatment.

The goal of verbal screening is to help women and their babies by identifying substance use disorder earlier in pregnancy and engaging women in treatment and recovery – thereby improving birth outcomes, improving maternal and child health, and reducing drug exposure to infants. The best way to adequately address substance use disorder in pregnancy is to first identify pregnant women with an addiction and then provide them with the best opportunity for treatment and recovery.

In addition to the screening requirements, HEA 1007 also amended state law that currently prevents verbal and other drug screening results for pregnant patients from being shared with law enforcement. Beginning July 1, 2019, certain healthcare professionals<sup>2</sup> who provide prenatal care cannot release the results of a verbal, urine, or blood drug or alcohol screen for a pregnant patient to the Department of Child Services (DCS) without the patient's consent or a court order.

Health care providers, hospital social workers, DCS, and the Indiana State Department of Health (ISDH) have been working collaboratively to improve care for pregnant women with substance use disorder, which has increased referrals to prenatal care and substance use disorder treatment.

#### Reporting to DCS

The changes in state law enacted by HEA 1007 do not prevent a physician, advanced practice registered nurse, hospital social worker, or any other healthcare provider from making a report to DCS if a baby is diagnosed with neonatal abstinence syndrome or is born with drugs in its body, blood, urine, meconium, or umbilical cord. It does not prevent the filing of a report if there are observational concerns that give the provider reason to believe the safety or wellbeing of a child is at risk.

Under Indiana law<sup>3</sup> any individual who has a reason to believe a child is a victim of abuse or neglect has the duty to make a report to the DCS Hotline.

#### **Indiana Child Abuse and Neglect Hotline**

**1-800-800-5556**

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## **Special Event: Screening of Film "Zero Weeks" and Panel on Paid Family Leave October 21st at 5:30 pm, RSVP Today!**

Join INAAP at Clowes Auditorium inside the Indianapolis Central Library for a special screening of the film "Zero Weeks" on October 21st.

Most Americans agree that family comes first. No matter where you work or what zip code you live in, you should be able to welcome a new



child, to care for your mother when she has her knee replaced or to heal from cancer without facing financial disaster.

And yet in 2016, only 14 percent of private sector workers in the U.S. reported having paid family leave through an employer; less than 40 percent have personal medical leave through an employer-provided temporary disability program. The United States and Papua New Guinea are the only countries in the world without a paid leave law. Because 44 percent of American households don't have enough savings to cover their basic expenses for three months, families are often forced to choose between taking time off to care for a partner or parent with an unexpected medical emergency or continuing to work so that they can keep their job and health insurance. The crisis is just as bleak for new

mothers. Nearly 1 in 4 mothers return to work within two weeks of having a baby. Without the protection of paid leave, new mothers are 40% more likely to need food stamps or public assistance.

Weaving powerful stories together with insightful interviews with leading policymakers, economists, researchers, and activists, ZERO WEEKS lays out a compelling argument for guaranteed paid leave for every American worker. The film looks at paid leave from an emotional, medical, financial and global perspective.

The film will be followed by an expert panel who will discuss ways we can move the ball forward on this issue in Indiana.

You can RSVP for the event using the button below.

[Zero Weeks Event RSVP](#)

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## INAAP President Speaks on Gun Safety



INAAP President Tony GiaQuinta joined Indianapolis Mayor Joe Hogsett, West Lafayette Mayor John Dennis, Prosecutor Terry Curry, Senator JD Ford, and members from numerous gun safety organizations on August 17th at the Indiana Statehouse to talk about the importance of moving the ball forward on common sense gun safety legislation.

Tony also had an op/ed about gun safety published on the Fort Wayne Journal-Gazette. You can read that piece by clicking the button below.

[Gun Safety Op/Ed](#)

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## The Importance of School Readiness

I know it seems like summer vacation just started about five minutes ago but we're already seeing kids head back to school. I

am sure I am not the only one having my social media news feed flooded with adorable back to school pictures over the past month. I don't know about you, but I love seeing parents get more creative with the pictures every year!



I also thought this would be a great time to share with you [an update](#) on American Academy of Pediatrics policy statement on school readiness that highlights the importance of supporting high-quality early childhood education and libraries.

As you know, many children in the United States enter kindergarten with limitations in their social, emotional, cognitive, and physical development that might have been significantly diminished or eliminated through early identification and attention to child and family needs. Pediatricians are on the forefront to access the youngest children and their families.

Luckily, in Indiana, we have access to Reach Out and Read. Parents involved with Reach Out and Read spend more time reading with their children, and their children gain important language skills. No other early childhood literacy program has this kind of evidence base or impact. Parents who read to their children nurture more than literacy skills. According to The American Academy of Pediatrics, "Parents who spend time reading to their children create nurturing relationships, which is important for a child's cognitive language and social-emotional development."

Finally, I recently shared an article called, "[35 Children's Books That Teach Empathy And Kindness](#)". I was able to find 6 of these books in the Scholastic library. Please see the following titles; "Last Stop on Market Street", "All Are Welcome", "Save Me A Seat", "We're All Wonders", "A Sick Day for Amos McGee", "The Story of Ferdinand". If you have some extra dollars in your scholastic account, you should check these out!

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## Save the Date: St. Vincent Pediatric Conference September 25, 2019



St. Vincent will host their 20th Annual Peyton Manning Children's Hospital Fall Pediatric Conference on Wednesday September 25, 2019 at the Ritz Charles Conference Center in Carmel.

You can get speaker and registration information using the button below.

Conference Information

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## Support INAAP Through Amazon Smile



Did you know that you can help support INAAP with every purchase you make from Amazon? The Amazon Smile program gives a percentage of every purchase back to participating nonprofit organizations, and those donation can really add up during the holiday season. It's just like using Amazon, but with an added philanthropic benefit. Make sure the purchases you would make anyways this holiday season help support INAAP by using the link below!

[Amazon Smile - INAAP](#)



