



INAAP Monthly News & Updates November 2019

Letter from the President

There are several things I am thankful for as we enter the holiday season, and a very big one is the community and camaraderie I receive from my INAAP colleagues. The work can sometimes be hard, but the rewards are countless. I am so thankful for the amazing pediatricians, pediatric nurse practitioners, specialists, residents, and medical students that make up our INAAP family, and it has truly been a joy working with you and getting to know you this past year.

I look forward to continuing our efforts in 2020, especially as we ramp up towards the legislative session which will begin in January. For those that are interested in what we're doing at the statehouse, I encourage you to join us at Conner Prairie for our Legislative Preview Event on December 5th. This is one event I look forward to every year because the food is amazing, and it's always good to hear a lawmaker's perspective on the things we work on every day. I look forward to catching up with familiar faces, and also meeting some new members for the first time!



INAAP Legislative Preview Event December 5, 2019

RSVP Today!

Join us on December 5th for our annual Legislative Preview event. This year we will discuss what to expect during the 2020 legislative session, and will also discuss specific pediatric initiatives we are hoping to address through the legislature.

We are pleased to announce that Representative Rita Fleming (pictured right) will be a special guest at the event. Rep. Fleming is an OB/GYN that represents District 71 in Southern Indiana. Rep. Fleming will be able to give us her perspective on the upcoming session and help us understand what we can do to move pediatric initiatives forward in our state.



The event will take place on December 5th at Connor Prairie Interactive History Center in Fishers, Indiana. The event will start with food and drinks at 7:00 pm. The event is free to INAAP members, but RSVP is required. You can register using the button below.

[INAAP Legislative Preview Event Registration](#)



Input Needed: Biggest Struggles Related to Vaping and Nicotine Addiction

Struggling to address the youth e-cigarette epidemic in your practice? You're not alone. This month, I have an ask of our members:

As we continue to move forward working with our State Health Department and colleagues around the country to address this issue, I ask that you send me the thing you are struggling with most related to providing patients with care and/or counseling related to vaping. What do you want to know? What would you like to see from INAAP? Please send your comments, thoughts, questions to me at lw@inaap.org.

I also want providers to be aware that on Monday, Nov. 18th the Indiana State Department of Health (ISDH) launched a statewide public awareness campaign to educate youth about the dangers of e-cigarettes, or "vaping." The "[Behind the Haze](#)" campaign is part of the three-pronged approach announced by Governor Eric J. Holcomb and State Health Commissioner Kris Box, M.D., FACOG, to reduce vaping among Indiana youth. Ads will be running on [Facebook](#), Instagram, Snapchat, YouTube, and Digital Video (including Connected TV). Radio will be added into the mix on Monday, November 25th.

Labor of Love Infant Mortality Summit Register Today!



Labor of Love
Helping Indiana Reduce Infant Death

The 2019 Labor of Love Summit will be held on Wednesday, December 11, 2019 at the LW Marriott in downtown Indianapolis.

The focus on Labor of Love is to find ways to reduce Indiana's infant mortality rate and help reach Governor Holcomb's goal of having the lowest infant mortality rate in the midwest by 2024.

You can find the full agenda and registration information for the summit using the link below.

Labor of Love is a product of the Indiana State Department of Health in cooperation with other organizations.

[Labor of Love Information](#)

Register Today for the 2020 AAP Legislative Conference April 5-7, 2020, Washington, DC



Register now for the 2020 American Academy of Pediatrics Legislative Conference, April 5 - 7, in Washington, DC!

As we enter an election year, it is a critical time to be speaking up for children in our nation's capital. It is up to us to ensure that children's health is a top priority for our elected leaders.

Each year, the conference brings together pediatricians, pediatric trainees and medical students from across the country who share a passion for child health advocacy.

Participants attend advocacy skills-building workshops, hear from distinguished guest speakers, learn about policy priorities impacting children and go to Capitol Hill to urge Congress to support strong child health policies.

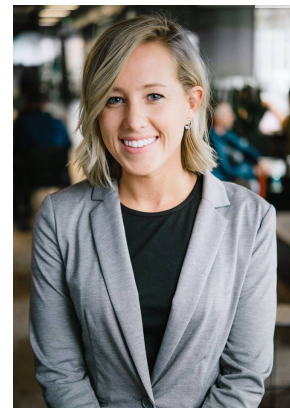
The conference will also feature a Pediatric Subspecialty Advocacy Track with specific legislative and skills-building workshops uniquely focused on the interests and needs of pediatric medical subspecialists and surgical specialists.

You can register and find additional information using the button below.

[Legislative Conference Information and Registration](#)

Reach Out and Read Updates from Madison Criswell

Earlier this month I had the opportunity to attend the 2019 National Reach Out and Read Leadership Conference in Boston, MA. It was such a wonderful learning experience and I was able to connect with other affiliate leaders across the United States. One of the key takeaways I had from the conference was the importance of effective training for medical providers and using the Reach Out and Read book as a useful exam room tool. Reach Out and Read's effectiveness relies on more than just handing out a book.



Using books in the exam room allows the medical provider to model book sharing directly and to comment on the child's response to the book. Advance continuing fidelity to the

Reach Out and Read model over time by reinforcing the practices upon which Reach Out and Read research outcomes are based. These include:

- Beginning the well-child visit by handing the book to the child
- Using the book as part of developmental surveillance, streamlining what providers are already doing
- Fostering parental engagement by offering anticipatory guidance to parents about how best to support their child's language/literacy development.

For more detailed guidance, please see:

[Talking With Parents About Books](#) one-pager
[Anticipatory Guidance and Developmental Surveillance](#)

You can access videos of Reach Out and Read being implemented anytime on your MyROR portal, as well as simply reaching "Reach Out and Read" on YouTube to review the neuroscience behind ROR and also highlighting important pearls on how to successfully integrate ROR into practice through video vignettes of real well visits.

January CME Event

Mental Health Resources for Primary Care Physicians

January 15, 2020, 5:30 pm
Indianapolis Central Library



Access to quality mental health care for children in Indiana is an ongoing concern, and today's pediatricians are asked to manage more behavioral health problems than ever. Many of our INAAP members tell us mental health care is the number one issue they struggle with in their practice.

The **Indiana Behavioral Health Access Program for Youth, also known as Be Happy**, is a new program run by The Department of Psychiatry at the Indiana University School of Medicine. The program offers free telephone consultations with a board certified child and adolescent psychiatrist, community referrals, and educational opportunities related to pediatric mental health and substance use concerns.

Join us on January 15th to learn more about the program, and to get your questions answered. We will have representatives from the program on-hand to help you get started!

The program's mission is to improve access to best-practice pediatric behavioral health care across the state of Indiana by supporting providers in their local communities with guidance from psychiatric specialists. Consultations may focus on assessment and diagnosis, treatment planning, medication management, or other topics pertinent to pediatric behavioral health.

This event will qualify for one hour of CME and is FREE to all INAAP members. Dinner is also provided. You can use the button below to RSVP today!

January Meeting RSVP

Save the Date: Physician Day at the Statehouse January 28, 2020



Join us at the Indiana Statehouse on January 28th for INAAP's annual Physician Day at the Statehouse!

For 2020 INAAP will be partnering with the Indiana State Medical Association and other medical specialty associations for one large event that will bring together physicians from a variety of backgrounds and specialties so that we can speak to our legislators with one powerful voice.

Details for the event are still developing, but it will include a training session, lunch with lawmakers, and a chance to meet with elected officials in small groups. The event will take place on January 28th, 2020, and will run from approximately 10:00 am to 1:30 pm.

Mark your calendars now, and stay tuned for more details in future editions of the newsletter!

[Physician Day at the Statehouse RSVP](#)

Support INAAP Through Amazon Smile



Did you know that you can help support INAAP with every purchase you make from Amazon? The Amazon Smile program gives a percentage of every purchase back to participating nonprofit organizations, and those donation can really add up during the holiday season. It's just like using Amazon, but with an added philanthropic benefit. Make sure the purchases you would make anyways this holiday season help support INAAP by using the link below!

[Amazon Smile - INAAP](#)

