INAAP's Monthly Newsletter - Delivered Directly to your Inbox



# INAAP Monthly News & Updates April 2019

#### Letter from the President

As your current president, I am beyond excited to invite you to INAAP's Inaugural Pediatric CME Conference, which will be held on August 23 and 24 in Fort Wayne, Indiana.

Hosting a conference like this has been a goal for the chapter for the past several years. We have now put the pieces together, bringing you amazing speakers from around the US and Indiana on a variety of topics. I am particularly excited to have **AAP Interim CEO Mark Del Monte** join us on the evening of August 23 for a keynote address.

I am especially proud that the conference will be held in my home town of Fort Wayne. INAAP is cognizant of the fact that a large portion of the inperson content it provides takes place in Indianapolis, and this conference is one of the ways our chapter is making a concerted effort to



serve more areas of the state. Though the conference is in Fort Wayne this year, our goal is to host the conference in a different location around the state each year moving forward.

Finally, we made the choice to structure the conference a bit differently in order to make best use of your very limited time. One of the things we heard from members during the planning process is that they wanted **shorter talks,more interaction with speakers, and opportunities to network and connect** with your pediatric colleagues from around the state. With that in mind, we have designed our schedule to accommodate more Q&Aopportunities, and leave out the exhibition hall function, meaning no vendors or other detractors from our most valuable resource: you! Instead, we have planned comfortable rooms outside of the main hall where you can grab a snack, connect with colleagues, and catch up on an email or two as needed.

I hope you are as excited about this new opportunity as I am, and I look forward to connecting with many of you this coming August. You can register and find all of the detailed information about the conference using the website link below.

# **Register Today** INAAP Inaugural Pediatric CME Conference Grand Wayne Convention Center Fort Wayne, Indiana - August 23-24, 2019

INAAP is excited to host it's inaugural pediatric CME conference at the Grand Wayne Convention Center in Fort Wayne, Indiana this summer on August 23-24, 2019. INAAP's Conference Committee has put together an amazing list of speakers and topics for the conference. From food allergies to hands-on LARC training, there is something for everyone. The conference has been approved for 8.5 hours of CME, as well as 8.5 points of MOC Part II.

The keynote speaker for the conference will be Mark Del Monte, JD (pictured left), who serves as the Interim CEO of the American Academy of Pediatrics. Mark will be discussing the many efforts going on at AAP, and how they affect pediatricians and children in Indiana.



You can find the full schedule, list of speakers, and registration information at the conference website, which is linked below. We are excited about this wonderful event, and we hope to see you in August!

# **INAAP** Conference Website / Registration

# Member Appreciation and Recruitment Event Punchbowl Social in Downtown Indianapolis June 28, 2019 from 6:00 pm to 10:00 pm



INAAP would not be able to do all of the critical child health work it does in Indiana without the amazing help and support of its members.

As a thank you, INAAP will be hosting a **member appreciation event** on Friday, June 28th at Punch Bowl Social in Indianapolis. The event will be a perfect opportunity to have a fun night out and better get to know your fellow INAAP members. The event will include: dinner buffet and drinks, private bowling lanes, a reserved karaoke room, a giant Scrabble wall, cornhole, bocce ball, and billiards.

The event is completely free to members, though an RSVP is required (link below). All are welcome to attend!

Do you have a friend or colleague who is not currently an INAAP member but would like to know more? We'd love to see them at the event and introduce them to our amazing community. Let us know when you RSVP if you'll be bringing someone to learn more about INAAP.

Member Appreciation Event

#### **INAAP Launches New Website**

We are proud to announce that a refresh of INAAP's website is now live. Our hope is that the new website provides a fresh and welcoming portal for our organization, and makes things easier for our



members. The website is optimized for mobile, so accessing from your phone will be easier, and the site also allows us to handle event notification and registration all in-house.

Most importantly, the website is much easier to manipulate, which makes adding new content much

more feasible. The website will continue to grow and house resources that are helpful and relevant to our members!

#### Nominations for INAAP's Annual Awards are Now Open

On August 24, 2019 as part of the first inaugural pediatric conference, INAAP will hold its awards luncheon at the Grand Wayne Convention Center in Fort Wayne, Indiana. INAAP will present it's annual awards at the lunch, and the winner of each award will have the opportunity to address those in attendance. We encourage all members to nominate any friends or colleagues who would be worthy of these awards.

The annual awards include:

- 1. The Edwin L. Gresham Award for Advancing the Care of Newborn Infants
- 2. The Irving Rosenbaum Award for Distinguished Service
- 3. The Community Service Award
- 4. The Virginia M. Wagner Lifetime Achievement Award

If you would like to nominate someone, please send a letter of recommendation to INAAP Executive Director, Chris Weintraut, at cw@inaap.org. Winners will be presented with an award at the luncheon, and will be asked to give brief remarks about their work.

More information about each award is available through the link below.

SUBMISSION DEADLINE: Monday, July 1st, 2019

#### Award Information



### Reach Out and Read Indiana Updates from Program Coordinator Madison Criswell

April was a busy month for Reach Out and Read Indiana as we continued to engage the community to bring new awareness of the program and develop support for all sites across the state. We currently have 141 active sites in Indiana that serve an estimated 127,187 children through the Reach Out and Read Program each year, and we are constantly on the lookout for ways to fund and support these sites.

First, I wanted to share <u>new resources</u> that can help you talk to your patients about developmental disabilities. Each of the 8 sheets focuses on a different developmental issue, and provides information for parents on how they can read to their child that is affected by a particular type of disability.

I have also included a link to a resource called "<u>The Developmental</u> <u>Disabilities Literacy Promotion Guide</u>" which provides primary care

providers with support, advice, and helpful resources they can pass along to their families.

Also this month Reach Out and Read Indiana was able to participate in the first annual Conner Prairie Storytelling festival and the fourth annual "Read IN" at the Indianapolis Central Library. These were wonderful opportunities to engage with families to remind and encourage them to read out loud together. Further, the Read IN event brought in more than \$8,000 which will be used towards books for the program!

I am excited about the progress we are making, and look forward to doing even more. If you are interested in the Reach Out and Read Program, please reach out to me directly at mc@inaap.org.







# Tobacco Cessation Update from Program Coordinator Lisa Wegner

#### **Resources for Addressing E-Cigarettes**

Nationally, the use of e-cigarettes among youth have been declared an epidemic by the U.S. Surgeon General. With a 78% increase among high school students (2017-2018) and a 48% increase among middle school students (2017-2018). This epidemic has left both providers and parents asking the question, "how do we address this with our kids?".

We know that pediatricians see the majority of U.S. child and adolescent population, and adolescents rely on pediatricians for credible health information. Therefore, pediatricians are uniquely positioned to screen for tobacco use in their patients, initiate treatment and connect adolescents to smoking cessation services. However, we need more work to understand the course of e-cigarette use and nicotine dependence in teen e-cigarette users.

I was happy to have an opportunity to talk in more detail about this issue our our recent member meeting, and INAAP will continue to update members on resources available to address vaping with patients.

Currently, the Indiana Quitline provides FREE resources available for order on their <u>website</u> which I encourage you to take advantage of. The available resources include handouts on smoking, asthma, e-cigarettes and more. All resources are available in English and Spanish. The palm cards in particular are a great resource to refer to for talking points as well as send home with families. In addition, the Surgeon General released a <u>resource</u> for health care professionals on educating young patients about the risk of e-cigarettes.

Below are links to additional resources, and you can always reach out to me directly at <u>lw@inaap.org</u> if you have any more specific questions or comments.

Additional resources: <u>CDC E-cigarette Fact Sheet: Parents, Educators, and Health Care Providers</u> <u>CDC Vital Signs Report (NEW)</u> <u>AAP E-cigarette Facts</u>

# Support INAAP Through Amazon Smile



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Did you know that you can help support INAAP with every purchase you make from Amazon? The Amazon Smile program gives a percentage of every purchase back to participating nonprofit organizations, and those donation can really add up during the holiday season. It's just like using Amazon, but with an added philanthropic benefit. Make sure the purchases you would make anyways this holiday season help support INAAP by using the link below!

