October 2023
INAAP Monthly News & Updates

This newsletter contains important updates and the latest news from INAAP. Keep scrolling for more information on:
- Banter with the Board in Bloomington (10/13)
- October 10th is World Mental Health Day
- Reach Out and Read Guidance + Updates
- AAP Recommendations on Tobacco + Vaping
- Upcoming events

Letter from the President

The cooler weather is upon us, respiratory season is quickly approaching, and we all have so many questions. I think the biggest question on most of our hearts is will our most vulnerable get the RSV immunization this year. If you have not had a chance to read the email sent a few weeks ago with information - I encourage you to use that as a reference! National AAP is working very hard to get answers to our questions and distribute that information to us all.

If you are planning to attend NCE this year in DC, I hope you will stop by the District V area to meet other passionate pediatricians from our area!

Jaime Stelzer, MD
INAAP President

From the Executive Director's Desk

Fall is a busy time for INAAP, and I am excited to connect with many of you through one or more of our upcoming events. Be sure to use the registration links further down in this newsletter to make the most out of your membership!

Nirsevimab Updates

Many practices have been waiting for concrete information about the administration of Beyfortus, and this past week we received additional information during an AAP town hall with CDC Director Dr. Mandy Cohen. Pediatricians will be able to get paid for counseling families on nirsevimab in addition to administering the product to protect infants from respiratory syncytial virus (RSV).
Information about the new CPT codes and other topics discussed during the town hall is available [here](#). You can watch a full recording of the town hall [here](#).

A primer on this issue was sent to all INAAP members in late September, and that primer is available [here](#).

**Advocacy Season**

As we enter the fall season, our attention once again turns towards the upcoming legislative session which will start in early January 2024. As always, INAAP will be on the ground to help advocate on issues related to children's health and the practice of pediatrics. If there are issues you think INAAP should try and tackle during the upcoming session, we want to hear from you. Please reach out to me at cw@inaap.org with your thoughts or ideas.

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**2024 Annual Conference**

Thank you to all members who took the time to fill out our survey about your preferences related to our annual conference. The feedback received indicated that those who attended the conference were very happy with their experience, but that many of you were not able to attend due to conflicts with other weekend/family obligations. With that in mind, we plan to shift the conference in 2024 to take place during the work week. We hope that with enough advance notice that even more of you will be able to schedule time off in order to join us for a day of CME content and comradery. More details about the 2024 conference will be shared in the coming months.

Chris Weintraut, JD  
INAAP Executive Director

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**Upcoming Events**

**Banter with the Board:**  
*Bloomington*  
October 13, 2023  
5:30 pm to 7:30 pm  
*Switchyard Brewing*  
[Register Now](#)

**CARE Program Case Study:**  
*Getting Help for your Families*  
October 17, 2023  
12:30 pm to 12:45 pm  
*Zoom Webinar*  
[Register Now](#)

**Grand Rounds and Reception:**  
*Trauma Informed Care*  
November 15, 2023  
8:00 am to 10:00 am  
*Riley Outpatient Center at IU Health*  
[Register Now](#)

**Legislative Preview Event**  
December 6, 2023  
7:00 pm - 9:00 pm  
*Conner Prairie*  
[Register Now](#)

**2024 Physician Day at the Statehouse**  
Jan 16, 2024, 8:30 AM – Jan 17, 2024, 2:00 PM  
*Indiana State House*  
[Register Now](#)
Welcome Our New INAAP Members!

Last month, the following individuals joined the INAAP community. Please join us in recognizing:

Mikael Howard, MD | Elkhart, IN

Allysa Nagy, MD | Indianapolis, IN

October 10th is Mental Health Day!
Updates from the CARE Program Team

The overarching goal of World Mental Health Day is to illuminate the global landscape of mental health concerns and mobilize efforts in support of mental health. However, despite increasing mental health awareness, many individuals struggle to receive the appropriate assistance they need.

Awareness is just the start. Now it's time to **act**.

This day presents a unique platform for all those vested in mental health to share their endeavors and discuss what more needs to be done to make mental health care a reality for people worldwide. It's a day when we celebrate our progress and engage in constructive dialogue. To learn more about World Mental Health Day and how you can help, please click [here](#).

The CARE program is excited to invite you to a lunchtime webinar on **October 17th, 2023**, where we will showcase the trials and triumphs of our journey since launching in January 2023. Are you curious about the number of families we've been able to serve? Do you wonder what happens after you refer someone to the CARE program? Are you interested in discovering the types of services that are most requested? Or do you simply have questions about the CARE program itself? Join us for the webinar to learn more!

[Register here](#)

Give Kids A Smile Day
February 2024

Indiana State Oral Health Director Dr. Chawla is organizing the statewide effort to participate in the ADA's *Give Kids a Smile* event. Last year we had over 30 offices and 100 providers participate! The *Give Kids A Smile®* (GKAS) program, launched nationally in 2003, provides underserved children with free oral health care. Each year approximately 6,500 dentists and 30,000 dental team members volunteer at local GKAS events to provide free oral health education, screenings, preventive and restorative treatment to over 300,000 children. Dr. Chawla is encouraging providers from many different areas of expertise to participate in this event which will take place in February, exact dates are flexible.

Dr. Chawla is asking pediatricians to participate in this event, by providing oral health education, oral screenings or fluoride varnish to patients in need of those services. These would be existing patients already on your schedule. To participate you would commit to providing oral health services to your existing patients on one designated day in February.
If you have already been providing these services that is fantastic, and you can sign up for free materials to facilitate additional service! You can decide what level of service you are comfortable providing. If screenings and fluoride varnish are not something that you are able to fit into your practice at this time, that is okay, however please consider providing oral health education. You will be provided with materials to facilitate this short conversation, and some oral health supplies for your patients. If you are not able to commit to this for a whole day please consider incorporating this into your practice for just 1 hour. If you are willing to commit to providing screenings and fluoride varnish you will be provided with all of the necessary materials.

This is an excellent opportunity to incorporate oral health into your practice, participate and represent pediatricians in a statewide event improving the oral health of Indiana’s youth!

How do I sign up?
To express interest in signing up please fill out the Google form included in the link, by November 8th. You will be able to designate if you are interested in providing education or screenings and fluoride varnish. Once I have collected your information I will register your event with the ADA’s Give Kids a Smile. Materials will then be sent directly to your office.

What materials will I be receiving?
Below is a list of the contents for each of the GKAS product kit types. Product kits are scheduled to arrive in January to GKAS local programs that have registered an event and requested kits prior to the deadline and pending product availability.

If you have any questions please don’t hesitate to reach out. It is Dr. Chawla’s and I’s goal to make this process easy to facilitate and we are happy to assist you in any way! I look forward to working with you on this project!

Thank You,
Amber Lenwell, LDH
Lenwellamber@gmail.com

Enrollment Form + More Information

Education Kit #1
- Colgate Children’s Toothbrush
- Colgate Children’s Toothpaste
- Oral health education cards
- Plastic bags with GKAS logo
- Earloop masks

Screening Kit #2
- Colgate Children’s Toothbrush
- Colgate Children’s Toothpaste
- Oral health education cards
- Plastic bags with GKAS logo
- Earloop masks
- Fluoride varnish
- Gauze sponges
- GKAS banner

Clean Air Corner with Dr. Sarah Bauer

Have you heard of the Empower Vape-Free Youth campaign from the CDC?
- To encourage middle school and high school
educators to speak to students about e-cigarettes and nicotine, the Centers for Disease Control and Prevention (CDC) has created the Empower Vape-Free Youth campaign.

- This campaign provides free resources and educational materials for educators to help students avoid and/or quit vaping.
- Resources can be found at:

  https://www.cdc.gov/tobacco/basic_information/e-cigarettes/vapefreeyouth.html

Find more resources on youth tobacco use on the AAP’s Tobacco Control and Prevention webpage: https://www.aap.org/en/patient-care/tobacco-control-and-prevention/

For more information, questions, or suggestions on future topics, please contact Sarah E. Bauer, MD at bauersae@iu.edu or Clare Wright at cb@inaap.org.

Reach Out and Read Updates

Within the Reach Out and Read team, we frequently engage in conversations about the vital importance of diverse representation in books. Our goal is to ensure that children and families can relate to the stories within our organization by seeing themselves reflected in them. To this end, we are committed not only to incorporating diverse books into our model but also to the essential work of making them more accessible, affordable, and readily available to our clinics and dedicated provider champions across the state and country.

We are dedicated to equipping all our clinics with the necessary resources to select titles and books that directly mirror the diverse populations they serve. If you have any questions, concerns, or if you’d like to learn more, please don’t hesitate to reach out to us at mc@inaap.org.

Book Specials

All About Books: For the next few months Elephant and Piggie books, by author Mo Willems, are on sale for $2.95 each.

New Evidence for Effectiveness of Reach Out and Read

We are excited to announce the peer-reviewed publication of a new study providing evidence for the effectiveness of ROR: This study reinforces and expands our ROR evidence base, demonstrating the effectiveness of the ROR program. It is useful data that supports the integration of ROR as a standard of pediatric primary care from a clinic, a policy, and a funding perspective.

The manuscript describes an analysis of responses from 100,656 ROR Parent Feedback Surveys completed at 427 primary care clinics in North and South Carolina from 2014-2019. The results demonstrate that families exposed to ROR were significantly (27%) more likely to report reading or looking at books every day and also significantly more likely to report using strategies that promote positive parent/caregiver-child interaction.

Garbe MC, Bond SL, Boulware C, Merrifield C, Ramos-Hardy T, Dunlap M, Caldwell C, Shearman N, Miller-Fitzwater, A. The Effect of Exposure to Reach Out and Read on Shared Reading

Academic Pediatrics (2023) doi:https://doi.org/10.1016/j.acap.2023.06.030

Reading in Early Childhood is Associated with Better Cognitive Performance and Mental Well-Being
A new study links reading in early childhood with better cognitive performance and mental well-being in adolescence and adds to our evidence base of the value of promoting reading aloud, particularly in these times when mental health is of such concern:


Early-initiated childhood reading for pleasure: associations with better cognitive performance, mental well-being and brain structure in young adolescence. Psychological Medicine, First View (2023) DOI: https://doi.org/10.1017/S0033291723001381

INAAP's Payor Council is Here to Help!

Do you have a payment, prior authorization, or formulary issue that you just can’t get resolved? Help is here! Submit your problem to INAAP and our payor council will work with our partners at the Indiana State Department of Health and the Family and Social Services Administration to see if we can find a solution.

Email concerns to Chris Weintraut at cw@inaap.org.

Need something new to listen to?

Whether you are on your way to work or have a few moments of downtime, this podcast is perfect for you! Get the latest AAP updates with this podcast that features interviews about new research and hot topics in the field of pediatrics.

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