November 2023
INAAP Monthly News & Updates

This newsletter contains important updates and the latest news from INAAP. Keep scrolling for more information on:

- Reach Out and Read Updates
- New AAP Tool for Youth Tobacco Treatment
- Early Autism Screening Opportunity
- Give Kids A Smile Day Information + Registration (Last Chance to Sign Up)
- Upcoming events
- And More!

Letter from the President

If you have ever attended an AAP NCE you know the feeling of energy upon returning! This year was filled with great education, great speakers, and great networking opportunities. One particular highlight I am excited to share: words matter! Using the phrase "secure storage of firearms" instead of "safe storage," switching from "obese child" to "a child with obesity," or avoiding the term "abuser" to describe substance use disorder can foster continued trust with our patients. In an era of published notes in patient portals, these things can make all the difference.

The NCE also offers opportunities you would never expect. With a session about word choice fresh in my mind, I ran into a rep for my practice's EMR system and was able to have an important conversation about things we needed to change to better serve our patients.

Taking what we learn at conferences and putting our feet to the pavement - this is advocacy! We as Pediatricians advocate for our patients and families every day, and I look forward to continuing that work with you in 2024 with the start of the legislative session.

Jaime Stelzer, MD
INAAP President

From AAP District V Chair, Dr. Lia Gaggino

In this season of giving thanks, I want to express my gratitude to all of you who tend to the needs of infants, children, adolescents, and young adults. We have emerged
from the pandemic, but continue to feel its impact on learning, mental health, grief, isolation, and loss. Our families will look to all of us to help find our way back to our new “normal”. For a morale booster, I hope you have had an opportunity to view the AAP “We Are Pediatricians” video that captures the voices of pediatricians across the country.

It was so fun to see those of you who were able to attend the 2023 AAP NCE in Washington DC, and I so appreciated the hallway conversations and hugs! Pediatricians from all over the country and the world joined together with the united mission of caring for kids, and while there are differences of opinion amongst our membership, child well-being remains at the core. I hope you were inspired to bring new ideas and initiatives back to your clinics and hospitals - there is much work to be done! Many kudos to our District colleagues who presented programming at NCE, including Dr. Mary Ott from INAAP!

The 2024 AAP Strategic Initiatives were adopted at the November board meeting and include:
- Healthy Mental and Emotional Development
- Environmental Health and Disaster Readiness
- Equity, diversity, and Inclusion (EDI)
- Safety and Wellbeing within the Pediatric Profession

Many of these initiatives resulted from our own District resolutions. Consider opportunities to move these initiatives forward within your own sphere of influence at the chapter, committee, council, section, and community level. Actions you might take:
- Join the Council on Healthy Mental and Emotional Development (COHMED)
- Join the Firearm Special Interest Group
- Offer your expertise to community organizations and health departments to promote disaster readiness, to counter vaccine hesitancy, and to promote population health.
- Look within your chapters to see where your passions fit. There are many leadership opportunities to promote existing initiatives or to create new ones.
- Seek to grow EDI in your own setting when staffing open positions, by encouraging your patients to consider pediatrics as a career or by supporting trainee education, mentorship, research opportunities and promotion.
- Finally, make a commitment to your own well-being by asking yourself: What changes can I make at work or at home to re-energize? Does the work I do align with my values? Do I have “battle buddies” in my clinic who can sit with me when the work is hard? Can I be someone’s battle buddy? When can I do something that is just for pure fun? Do it!

Upcoming Events

Grand Rounds and Reception: Trauma Informed Care
November 15, 2023
8:00 am to 10:00 am
Riley Outpatient Center at IU Health

Racing to Respond: Documentary on Indiana’s Youth Mental Health Care
November 20, 2023
6:00 PM
Gainbridge Fieldhouse, Downtown Indianapolis

Legislative Preview Event
December 6, 2023
Welcome Our New INAAP Members!

Last month, the following individuals joined the INAAP community. Please join us in recognizing:

Rachel Han, MD  |  Zionsville, IN
Brianna Liberio, MD  |  Indianapolis, IN
Kelsey Loden, MD  |  Indianapolis, IN
Nadeem Abbasi, MD  |  West Lafayette, IN
Eman Abdelghani, MD  |  Carmel, IN
Hilary Smith, MD  |  Fishers, IN
Ashley Butler, MD  |  Jasper, IN
Kathryn Hawa, DO  |  Zionsville, IN
Anita Fries, DO  |  Indianapolis, IN
Andrew Piropato, MD  |  Fort Wayne, IN
Laura Stage, MD  |  Kokomo, IN
Michelle Gombas, DO  |  Carmel, IN
Katherine Laycock, MD  |  Indianapolis, IN

Pediatric Grand Rounds: Trauma Informed Care

Join the trauma informed care education for pediatric providers on Wednesday, November 15 at 8:00-9:00 AM. This education session will be hosted by members of the Indiana Chapter of the American Academy of Pediatrics (INAAP), Cara Berg-Raunick, NP and Kristen Schroeder, MD.

The Indiana University School of Medicine Department of Pediatrics conducts a weekly Grand Rounds education series. Grand Rounds are held on Wednesday mornings from 8-9 am in both a Zoom and live audience format. Participants are able to receive continuing medical education (CME) credit.

This event will be held Wednesday, November 15th at 8:00 AM, EST (7:00 AM, CST) at Riley Outpatient Center OR virtually on Zoom.
The IUSM Early Autism Evaluation team is seeking primary care clinicians who are interested in training to do early autism evaluations of young children ages 14 – 48 months in the primary care setting.

If you are interested, the IUSM team will plan to schedule a 2 day CME training to get you started in spring of 2024. The training is about 30 hours in total with 15 hours in the classroom and another 12-15 hours in practicum with patients. There is a second option for online asynchronous training, if attending the 2 day session is not desired.

If interested, contact iusmeae@iupui.edu.

Racing to Respond
Mental Health Documentary Premiere in Indianapolis

November 20, 2023
at Gainbridge Fieldhouse

Racing to Respond is a documentary mapping a new course for Indiana's mental health care for youth.

Death by suicide is the #2 cause of death among Indiana young people. For many Indiana families, that statistic is all too real. A new documentary, Racing to Respond, shares two families' stories and how the Indiana community is coming together to fight the youth mental health crisis.

In partnership with 6 local communities throughout the state, Riley Children’s Health is hosting exclusive screenings of the film — bringing together mental health providers, business and community leaders, school administrators, families and all those interested in combating this crisis.

Join us for a documentary screening of Racing to Respond followed by an evening of conversation designed to create greater awareness of the pediatric mental health crisis we face in Indiana, as well as a call to action to address this challenge.

Reception: 5:00 p.m.
Racing to Respond: 6:00 p.m.
Panel discussion: 7:00 p.m.

View Trailer
RSVP Here
View Flyer Here

Reach Out and Read Updates

As we step into November, we'd like to take a moment to express our heartfelt gratitude to all the incredible clinics across Indiana that submitted their progress reports. Your dedication and commitment to our cause
We're delighted to report that we received progress reports from 89% of the clinics in the state. Your diligence in tracking and sharing your progress is invaluable to us.

2023 Impact (as of July 2023):

- Books Distributed: 99,578
- Total Well-Child Visits: 171,245

These numbers reflect the remarkable impact of our program, and it’s all thanks to the dedication of our clinics and the support of our community.

We would also like to extend our gratitude to the healthcare professionals who took time out of their busy schedules to complete the National Reach Out and Read clinician surveys. Your participation is crucial in helping us assess and improve our programs.

As we look ahead, we want to assure you that our staff is working diligently to secure the necessary funds for books to prevent any gaps in our program. Here are some key updates on our sustainability efforts:

- We’re thrilled to announce that we have been awarded $200,000 from the Nina Mason Pulliam Charitable Trust. This generous grant will continue to support a full-time program manager position and supply of books for Marion County.
- Additionally, we have secured $25,000 from MHS, with the majority of these funds earmarked for books.
- Our staff is actively engaged in planning advocacy endeavors to secure public funding in 2025. These efforts will help ensure the long-term sustainability of our program.
- Our staff is working with National Reach Out and Read to explore future funding opportunities, reach out to Managed Care Organizations (MCOs), connect with the Indiana Department of Education (IDOE) on their Talking is Teaching initiative, and collaborate with our Advisory Committee.

Local Sponsorships:

- We’re excited to share that our staff has been actively assisting Reach Out and Read clinics in securing funding through local sponsorships. For example, the York Car Dealership in Plainfield, Indiana hosted a month-long fundraiser for books for ROR clinics in their area.

We encourage all Reach Out and Read clinics in Indiana who are in need of books to contact our statewide program manager. Let’s discuss opportunities to find funding for books and ensure that every child in Indiana has access to the joy of reading.

Thank you for being part of the Reach Out and Read Indiana family. If you have any questions, please contact Madison Shepherd at mc@inaap.org.

---

Clean Air Corner with Dr. Sarah Bauer

The AAP has a new clinical decision resource to help support youth tobacco cessation!

- The Youth Tobacco Cessation Progressive Web App (PWA) is intended to assist physicians and other clinicians in supporting youth tobacco cessation by delivering the Ask-Counsel-Treat model in a tool designed for use within a clinical encounter.
- The PWA is designed for multi-system use and can be utilized on a computer, tablet, or as an offline...
The PWA leads clinicians through the main A-C-T steps of:
- **ASK**: Screen for tobacco use with all youth, during every clinical encounter.
- **COUNSEL**: Advise all youth who use tobacco to quit and have them set a quit date within two weeks.
- **TREAT**: Link youth to behavioral treatment extenders and prescribe pharmacologic support when indicated.

The PWA also provides links to product description, AAP policy and clinical report, behavioral support options, and detailed information on pharmacologic support.

Visit aap.org/HelpKidsQuit to view and use the PWA. Find more resources on youth tobacco use on the AAP’s Tobacco Control and Prevention webpage: https://www.aap.org/en/patient-care/tobacco-control-and-prevention/

For more information, questions, or suggestions on future topics, please contact Sarah E. Bauer, MD at bauersae@iu.edu or Clare Burkert at cb@inaap.org.

---

**Give Kids A Smile Day**

**February 2024**

Indiana State Oral State Oral Health Director Dr. Chawla is organizing the statewide effort to participate in the ADA’S Give Kids a Smile event. Last year we had over 30 offices and 100 providers participate! The Give Kids A Smile® (GKAS) program, launched nationally in 2003, provides underserved children with free oral health care. Each year approximately 6,500 dentists and 30,000 dental team members volunteer at local GKAS events to provide free oral health education, screenings, preventive and restorative treatment to over 300,000 children. Dr. Chawla is encouraging providers from many different areas of expertise to participate in this event which will take place in February, exact dates are flexible.

Dr. Chawla is asking pediatricians to participate in this event, by providing oral health education, oral screenings or fluoride varnish to patients in need of those services. These would be existing patients already on your schedule. To participate you would commit to providing oral health services to your existing patients on one designated day in February. If you have already been providing these services that is fantastic, and you can sign up for free materials to facilitate additional service! You can decide what level of service you are comfortable providing. If screenings and fluoride varnish are not something that you are able to fit into your practice at this time, that is okay, however please consider providing oral health education. You will be provided with materials to facilitate this short conversation, and some oral health supplies for your patients. If you are not able to commit to this for a whole day please consider incorporating this into your practice for just 1 hour. If you are willing to commit to providing screenings and fluoride varnish you will be provided with all of the necessary materials.

This is an excellent opportunity to incorporate oral health into your practice, participate and represent pediatricians in a statewide event improving the oral health of Indiana’s youth!

**How do I sign up?**

To express interest in signing up please fill out the Google form included in the link, by November 8th. You will be able to designate if you are interested in providing education or screenings and fluoride varnish. Once I have collected your information I will register your event with the ADA’s Give Kids a Smile. Materials will then be sent directly to your office.
What materials will I be receiving?
Below is a list of the contents for each of the GKAS product kit types. Product kits are scheduled to arrive in January to GKAS local programs that have registered an event and requested kits prior to the deadline and pending product availability.

If you have any questions please don’t hesitate to reach out. It is Dr. Chawla’s and I’s goal to make this process easy to facilitate and we are happy to assist you in any way! I look forward to working with you on this project!

Thank You,
Amber Lenwell, LDH
Lenwellamber@gmail.com

---

**Education Kit #1**
- Colgate Children’s Toothbrush
- Colgate Children’s Toothpaste
- Oral health education cards
- Plastic bags with GKAS logo
- Earloop masks

**Screening Kit #2**
- Colgate Children’s Toothbrush
- Colgate Children’s Toothpaste
- Oral health education cards
- Plastic bags with GKAS logo
- Earloop masks
- Fluoride varnish
- Gauze sponges
- GKAS banner

---

**INAAP’s Payor Council is Here to Help!**

Do you have a payment, prior authorization, or formulary issue that you just can’t get resolved? Help is here! Submit your problem to INAAP and our payor council will work with our partners at the Indiana State Department of Health and the Family and Social Services Administration to see if we can find a solution.

Email concerns to Chris Weintraut at cw@inaap.org.

---

The IUSM Early Autism Evaluation team [https://medicine.iu.edu/expertise/indiana-health/access-to-](https://medicine.iu.edu/expertise/indiana-health/access-to-).
care/autism/care is seeking primary care clinicians who are interested in training to do early autism evaluations of young children ages 14 – 48 months in the primary care setting. If there is interest now, the IUSM team will plan to schedule a 2 day CME training to get you started in the upcoming spring 2024. The training is about 30 hours in total with 15 hours in the classroom and another 12-15 hours in practicum with patients. There is a second option for online asynchronous training, if attending the 2 day session is not desired. If interested, contact iusmeae@iupui.edu.

**Need something new to listen to?**

Whether you are on your way to work or have a few moments of downtime, this podcast is perfect for you! Get the latest AAP updates with this podcast that features interviews about new research and hot topics in the field of pediatrics.