



February 2024 INAAP Monthly News & Updates

This newsletter contains important updates and the latest news from INAAP. Keep scrolling for more information on:

- **NEW: INAAP Career Center**
- Products on the Rise: Nicotine Pouches
- Reach Out and Read Updates
- 2024 Annual Conference
- Upcoming events
- And More!

Letter from the President

As this year is getting underway, the legislative session is in full swing given lawmakers would like the session to end early. A huge thank you to those members who have volunteered their time to advocate for Hoosier children by attending our Physician Day at the Statehouse and testifying- we are better together. We also appreciate so many of you reaching out with concerns about the upcoming changes to the Medicaid Wavier and issues with coverage for inhaled corticosteroids for our children with asthma.



This last month, we also hosted our first in person meeting since prior to the pandemic! This year is filled with several opportunities to get involved with INAAP and we do hope you join us!

Jaime Stelzer, MD
INAAP President

Upcoming Events

INAAP In-person Member Meeting: A Night with Dr. Michelle Fiscus

March 13, 2024, 6:00 PM - 8:00 PM

Board of Governor's Room at Riley Hospital for Children

[Register Now](#)

Welcome Our New INAAP Members!

Last month, the following individuals joined the INAAP community. Please join us in recognizing:

Brittani Corbisiero, DO | Indianapolis, IN

Angela Delecaris, MD | Zionsville, IN

Marissa Just, MD | Indianapolis, IN

Josephine Kim, DO | Fishers, IN

Mira Trivedi, MD | Whitestown, IN

2024 INAAP Annual Conference

Mark Your Calendars Now!

INAAP is excited to announce that the 2024 annual conference will take place on Thursday, August 22nd in Carmel, Indiana! Based on our membership survey about preferences related to the timing of the conference, we will be shifting the format this year to take place on one day during the work week. More information will be coming on this event in future editions of the newsletter, and we hope to see you there!



SAVE THE DATE

2024 INAAP ANNUAL CONFERENCE



AUGUST 22, 2024
CARMEL, IN

INAAP is excited to invite you to attend our 2024 Pediatric Conference at 502 Event Center in Carmel, IN. Join us for a day of speakers, conversations, & more!

AUGUST 22, 2024 | 502 EVENT CENTER | CARMEL, IN

More Info Coming Soon!

New in 2024: INAAP Career Center

INAAP is proud to announce the launch of its new Pediatric Career Center. Whether you are looking for a new opportunity or looking to hire top pediatric clinicians, this is the spot for you:

- Search and apply to top pediatric jobs at institutions that value your credentials.
- Upload your resume so employers can contact

you. You remain anonymous until you choose to release your contact information.

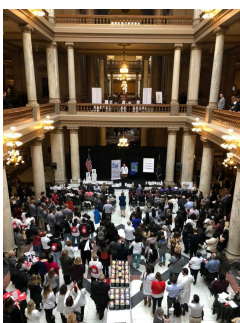
- Create Job Alerts and receive an email each time a job matching your specified criteria becomes available.
- Access career resources, job searching tips, and tools.
- Post your job, or your institution's job, where the industry's most qualified pediatric professionals go to advance their careers.
- Email your job directly to INAAP job seekers via our exclusive Job Flash™ email.
- Search our Resume Bank using robust filters to narrow your candidate search.



Explore the benefits of our new career center by logging in or creating a new account today!

Visit our New Career Center

2024 Legislative Session Digest



We are now past the halfway point of the 2024 Legislative Session. INAAP has provided testimony on numerous bills throughout the session so far, and will continue to do so through the end of the session in early March.

Use the link in this post to get a summary of everything that is happening at the Statehouse. At the bottom of the document you will also find a link to INAAP's 2024 bill tracking list which includes all of the legislation that we are following this year.

View the Full Update [HERE](#)

February is National Children's Dental Health Month



As many of you know February is National Children's Dental Health Month. Many of you are participating in Give Kids a Smile Day which is a great way to promote oral health during this month. If you are not participating in Give Kids a Smile Day, and would like additional information on how to support oral health in your office please visit Indiana's Give Kids a Smile page for educational resources and activities for patients. <https://on.in.gov/GiveKidsaSmileIN>

I would also encourage you to also visit the AAP Oral Health page at [Oral Health \(aap.org\)](http://OralHealth.aap.org). Here you will find information on practice tools, payment for oral health services, patient education, and information on how to join the Section on Oral Health. If you are interested in the Section on Oral Health I encourage you to look into joining; it is a great opportunity to be kept up to date on oral health information, policy and funding opportunities!

Clean Air Corner

New Product Alert: Nicotine Pouches

Nicotine pouches, for example Zyn, have recently been in the news. What are nicotine pouches?

- Nicotine pouches are a type of "tobacco-free oral nicotine product." Other examples of these types of products are non-therapeutic nicotine gum, nicotine lozenges, nicotine tablets, nicotine gummies.
- These products often come in bright, colorful packages and flavors which attract kids and teens.
- Nicotine pouches, such as Zyn, are small pouches typically containing nicotine, cellulose, sodium carbonate, other fillers, and flavorings. These pouches are placed inside the mouth between the lip and the gum and nicotine absorption occurs through the lining of the mouth.
- It is very important to recognize that "tobacco-free" does not mean "nicotine-free." While these products do not contain tobacco leaf; they do still contain nicotine derived from tobacco or synthetic nicotine.



- Nicotine in any form is highly addictive and toxic to the developing brain.
- Nicotine disrupts normal brain development and may prime behavioral susceptibility to other drugs of abuse. This is particularly concerning when we consider that adolescents are more likely to experiment with drugs and more vulnerable to addiction.
- Research has shown that the earlier an individual starts using nicotine-containing products, the stronger the addiction and the more difficult it is to quit.
- Additionally, nicotine is poisonous. Research indicates ingesting 1-4 mg of nicotine could be toxic for a child under 6 years old, depending on their body weight.
- Any nicotine product, including Zyn, is unsafe and puts kids in danger of toxicity, nicotine dependence, and other negative health issues.

Nicotine withdrawal symptoms include irritability, restlessness, feeling anxious or depressed, trouble sleeping, problems concentrating, and craving nicotine. People may keep using tobacco products to help relieve these symptoms.

Nicotine toxicity among children and adolescents of any age may lead to nausea,

vomiting, abdominal pain, hypertension, tachycardia, seizures, respiratory failure, coma and death.

For more information, questions, or suggestions on future topics, please contact Sarah E. Bauer, MD at bauersae@iu.edu or Clare Wright at cb@inaap.org

Reach Out and Read Updates



Share the Winter Booklist!

The days are cold and the nights are long — winter is the perfect time to encourage parents to cuddle up with their young children and a good book! With help from our friends at Scholastic and All About Books, we've curated a perfect list for doing just that: bit.ly/ROR12DaysofBooks. (Want premade elements for social? Email [Lori Brooks](mailto:Lori.Brooks).) You can find all of our seasonal booklists on our [Resources page](#).

Here are some easy ways encourage families to work on literacy skills during regular activities without adding extra time to your day. There also are things they can do during planned play and reading times:

- Engage your child in singing, rhyming games, and nursery rhymes.
- Read picture and story books that focus on sounds, rhymes, and alliteration (words that start with the same sound, as found in Dr. Seuss books).
- Reread your child's favorite book(s).
- Focus your child's attention on books by pointing to words and pictures as you read.
- Provide a variety of materials to encourage drawing and scribbling (e.g., crayons, paper, markers, finger paints).
- Encourage your child to describe or tell a story about his/her drawing and write down the words.

Reminder:

Progress Report season is here! The January 2024 progress report opens January 15 for completion on myror.org. Please complete and click "Submit" no later than March 1st. Access the Progress Report at www.myror.org, using your individual logins.

The data provided in your Progress Report is pivotal to telling Reach Out and Read's story in Indiana. We must aggregate site data to report back to current funders, submit new grant requests, support state and federal allocation requests, and forecast future book needs.

All About Books:

All About Books brand-new 2024 catalog is available digitally [here](#). Stay tuned for more news on when the physical copies of All About Books and Scholastic 2024 catalogs will be available!

Program Update

Program Manager, Madison Shepherd, will be on maternity leave from beginning of February until Late April. If you need anything regarding Reach Out and Read Indiana, please email Clare Wright at cb@inaap.org.

INAAP's Payor Council is Here to Help!

Do you have a payment, prior authorization, or formulary issue that you just can't get resolved? Help is here! Submit your problem to INAAP and our payor council will work with our partners at the Indiana State Department of Health and the Family and Social Services Administration to see if we can find a solution.

Email concerns to Chris Weintraut at cw@inaap.org.



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PEDIATRICS

On Call



A podcast on
children's health
from the AAP



American Academy of Pediatrics, Indiana Chapter | P.O. Box 44376, Indianapolis, IN 46244

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